

# Hawliau plant yn Sir Gâr

## Children's rights in Carmarthenshire

Partneriaeth Plant a Phobl Ifanc  
Sir Gaerfyrddin  
Carmarthenshire  
Children & Young People's Partnership



### Dechrau da

Mae rhieni'n gofalu am y babi ar ôl iddo gael ei eni. Gall rhieni gael cymorth i ofalu am eu plant.



### Flying Start

Parents look after the baby after it's born. Parents can have help to look after their children.

### Bywyd yn yr ysgol

Mae'r Cyngor Ysgol yn bwysig oherwydd bod pobl yn gwranddo arnoch chi ac yn eich parchu. Mae dysgu chwarae offeryn yn dda oherwydd gallech chi fod yn rhan o gerddorfa.



### School Life

The School Council is important because people listen and respect you. Learning to play an instrument is good because you could be in an orchestra.

### Eich Iechyd a'ch diogelwch

Dylai plant fynd at y deintydd a'r meddyg ac i'r ysbyty i gael archwiliad i sicrhau eu bod nhw'n cadw'n iach.



### Your Health and Safety

Children should go to the dentist, doctor and hospital for check ups to make sure they stay healthy.

### Cael Hwyl

Mae chwarae gemau'n hwyl ac mae'n cadw'r corff yn iach. Rwy'n mwynhau darllen ac rwy'n mynd i'r llyfrgell i ddewis llyfr.

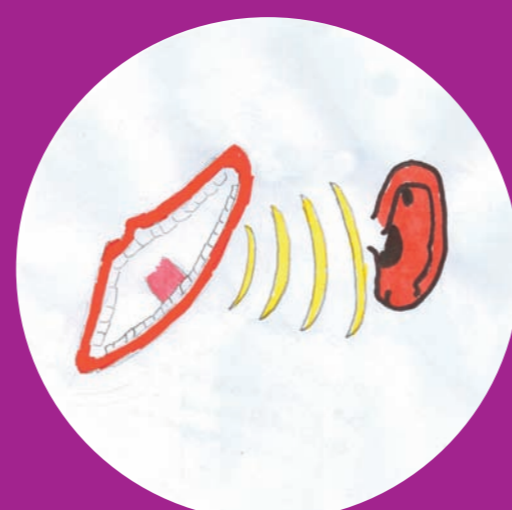


### Having Fun

Playing games is fun and it keeps the body healthy. I like reading and go to the library to choose a book.

### Bod yr hyn yr ydych chi eisiau

Dylai pobl wrando ar blant. Mae'r gwefusau'n dangos plentyn sy'n siarad ac mae'r glust yn dangos oedolyn sy'n gwranddo.



### Be who you want to be

Children should be heard. The lips show a child speaking and the ear shows the adult listening.

### Eich Cymuned

Dylai plant fod yn ddiogel a byw mewn cymuned gyfeillgar lle mae'r bobl i gyd yn siarad â'i gilydd.



### Your Community

Children should be safe and live in a friendly community where the people all talk to each other.

### Materion Ariannol

Dylai rhieni gael digon o arian i brynu bwyd a gofalu am eu plant.



### Money Matters

Parents should have enough money to buy food and look after their children.

Diolch yn fawr i blant Ysgolion Cynradd Llanpumsaint, Talyllychau a Ffwrnes am helpu i ddylunio'r poster hwn.  
Thank you to the children of Llanpumsaint, Talley and Furnace Primary Schools for their help in designing this poster.